

ENROLMENT FORM

Name _____

Address _____

_____ Post Code _____

Tel: Home _____ Mob _____

Email _____

D.of B. _____ BT Memb No _____

Cost of Junior Courses

First Set - £22 (Tiny Tots - £16)

Second Set - £22 (£3/£1.50 discount if Set 1 attended)

Third Set - £22 (£6 /£3 discount if Sets 1 & 2 attended)

Family Discount - Book 2 places - 3rd place free

Course code enrolled for _____

Set (s) (1) []; (2) []; (3) [] (Please tick)

Does your child have a medical condition you think the coaching staff should know about (please state)

Parent/Guardian Signature

Please note:

The final day for enrolment for the first set of sessions is April 16th

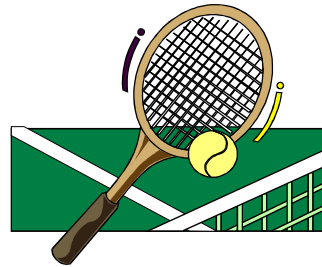
The second set of sessions will start in the week beginning June 6th 2011 The third set of sessions will start in the week beginning September 5th

Please return to:

Keith Eckersall, Senior Coach, 13 Morris Way, Chorley, PR7 3DG

SOUTHBANK LAWN TENNIS CLUB COMMUNITY TENNIS PROGRAMME

at

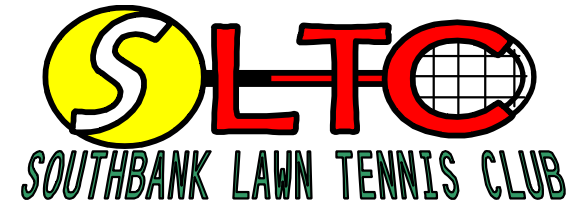


Southbank Lawn Tennis Club

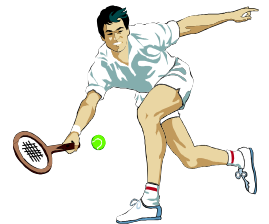
The Rookery, 63 Roe Lane, Southport
Tennis coaching for juniors and adults of
all standards, with LTA Licensed coaches

April to October 2011

5 outdoor (artificial grass) courts
Contact Tel: 0777 282 5548



Coaching at Southbank Lawn Tennis Club is part of the Community racket skills programme to suit adults and children of all ages and abilities. The club is also committed to exploring ways of providing tennis for players with a disability



www.southbankltc.co.uk

Please note that courses are run on a 6 week cycle

COACHING COURSES

Code	Course	Cost	Day	Time
JC1	Tiny Tots	£16	Sun	9.30-10am
JC2	Mini Red	£22	Wed	4-5pm
JC3	Mini Red	£22	Sun	10-11am
JC4	Mini Orange	£22	Wed	5-6pm
JC5	Mini Orange	£22	Sun	11am-12pm
JC6	Mini Green	£22	Sun	12pm-1pm
JC7	Full Tennis 1	£22	Sun	12pm-1pm

SPP1 Adult Beginner £3 per session Wed 7-8pm

SPP2 Adult Improver £3 per session Sun 12-30-1.30pm

Sets of Junior Sessions - Dates

Set 1

Wednesdays- 20/4; 27/4; 4/5; 11/5; 18/5; 25/5.

Sundays - 24/4; 1/5; 8/5; 15/5; 22/5; 29/5

Set 2

Wednesdays - 8/6; 15/6; 22/6; 29/6; 6/7; 13/7

Sundays - 12/6; 19/6; 26/6; 3/7; 10/7; 17/7

Set 3

Wednesdays - 7/9; 14/9; 21/9; 28/9; 5/10; 12/10

Sundays - 11/9; 18/9; 25/9; 2/10; 9/10; 16/10

Sets of Senior Sessions—Wednesday Dates

Set 1 - 27/4; 4/5; 11/5; 18/5; 25/5; Set 2 - 8/6; 16/6; 22/6; 29/6; 6/7; 13/7

Sunday Dates

Set 1 - 24/4; 1/5; 8/5; 15/5; 22/5; Set 2 - 12/6; 19/6; 26/6; 3/7; 10/7 Set 3 - 11/9; 18/9; 25/9; 2/10; 9/10; 16/10

GUIDELINES FOR PLAYERS ENROLLING ON COACHING COURSES

Tiny Tots

For 3-5 year olds. An introduction to moving, throwing and catching, and hitting skills

Mini Tennis Green

For 10-14 year olds. Mini tennis green is an introduction to "full" tennis using low compression balls but played on a full size court.

Mini Tennis Red

For 5-7 year olds. Mini tennis red is played on a reduced size court and with sponge or low compression balls and small, light rackets. It is an ideal introduction to tennis.

Mini Tennis Orange

For 7-10 year olds. Mini tennis orange is played on a slightly larger court than for Mini red, but again using low compression balls and light rackets. The sessions are aimed both at new players and those developing their skills

Full Tennis 1

For players aged 10 and above who wish to develop their tennis skills. Standard equipment is used and play is on a full sized court.



Ages are for guidelines only and the coaching staff will move players into groups that suit their playing standard.



All equipment will be provided

Adult Beginner

For newcomers to tennis, or for those who wish to start playing again

Adult Improver

For those who have played previously, and wish to improve tactical and technical ability

Cost of Junior Courses

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Third Set - £22 (£6/£3 discount if Sets 1 & 2 attended); Family Discount - Book 2 places - 3rd place free

Cost of Senior Courses

£3 per session - "Pay and Play"

Assume that you have gained a place on the course of your choice unless you are contacted.