

ENROLMENT FORM

Name _____

Address _____

_____ Post Code _____

Tel: Home _____ Mob _____

Email _____

D.of B. _____ BT Memb No _____

Cost of Junior Courses

First Set - £22 (Tiny Tots - £16)

Second Set - £22 (£3/£1.50 discount if Set 1 attended)

Third Set - £22 (£6/£3 discount if Sets 1 & 2 attended)

Family Discount - Book 2 places - 3rd place free

Course code enrolled for _____

Set (s) (1) []; (2) []; (3) [] (Please tick)

Does your child have a medical condition you think the coaching staff should know about (please state)

Parent/Guardian Signature if required _____

Please note:

The final day for enrolment for the first set of sessions is April 21st

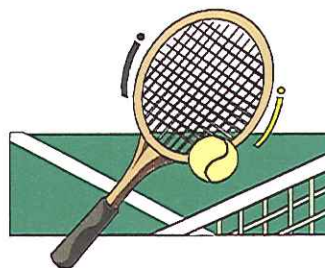
The second set of sessions will start in the week beginning June 7th 2010. The third set of sessions will start in the week beginning September 6th

Please return to:

Keith Eckersall, Senior Coach, 37B Talbot St,
Southport, Merseyside, PR8 1HS

SOUTHBANK LAWN TENNIS CLUB COMMUNITY TENNIS PROGRAMME

at



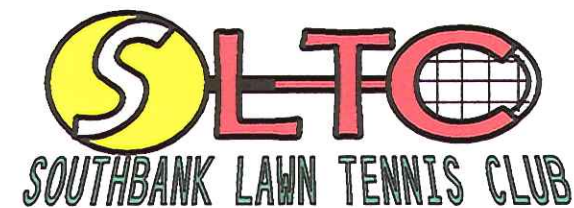
Southbank Lawn Tennis Club

The Rookery, 63 Roe Lane,
Southport

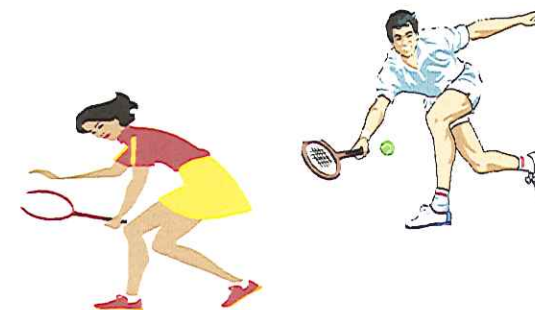
Tennis coaching for juniors and
adults of all standards, with
LTA Licensed coaches -
April to October 2010

*5 outdoor (artificial grass)
courts*

Contact Tel: 0777 282 5548



*Coaching at Southbank
Lawn Tennis Club is part of
the Community racket skills
programme to suit adults
and children of all ages and
abilities. The club is also
committed to exploring
ways of providing tennis for
players with a disability*



www.southbankltc.co.uk

***Please note that courses are
running on a 6 week cycle***

COACHING COURSES

Code	Course	Cost	Day	Time
JC1	Tiny Tots	£16	Sat	9.30-10am
JC2	Mini Tennis Red	£22	Fri	4-5pm
JC3	Mini Tennis Red	£22	Sat	10-11am
JC4	Mini Tennis Orange	£22	Fri	5-6pm
JC5	Mini Tennis Orange	£22	Sat	11am-12 noon
JC6	Mini Tennis Green	£22	Sat	12 noon-1pm
JC7	Full Tennis 1	£22	Sat	12 noon-1pm
SPP1	Adult Beginner	£3 per session	Wed	7-8pm
SPP2	Adult Improver	£3 per session	Sat	1-2 pm

Sets of Junior Sessions - Dates

Set 1

Fridays - 23/4; 30/4; 7/5; 14/5; 21/5; 28/5.

Saturdays - 24/4; 1/5; 8/5; 15/5; 22/5; 29/5

Set 2

Fridays - 11/6; 18/6; 25/6; 2/7; 9/7; 16/7

Saturdays - 12/6; 19/6; 26/6; 3/7; 10/7; 17/7

Set 3

Fridays - 10/9; 17/9; 24/9; 1/10; 8/10; 15/10

Saturdays - 11/9; 18/9; 25/9; 2/10; 9/10; 16/10

Sets of Senior Sessions - Wednesday Dates

Set 1 - 28/4; 5/5; 12/5; 19/5; 26/5

Set 2 - 16/6; 23/6; 30/6; 7/7; 14/7

Saturday Dates

Set 1 - 24/4; 1/5; 8/5; 15/5; 22/5

Set 2 - 12/6; 19/6; 26/6; 3/7; 10/7

Set 3 - 11/9; 18/9; 25/9; 2/10; 9/10

Please note that courses are running on a 6 week cycle, 2 sets in the Summer and 1 in the Autumn

GUIDELINES FOR PLAYERS ENROLLING ON COACHING COURSES

Tiny Tots

For 3-5 year olds. An introduction to moving, throwing and catching, and hitting skills.

Mini Tennis Green

For 10-14 year olds. Mini tennis green is an introduction to "full" tennis using low compression balls but played on a full size court.

Mini Tennis Red

For 5-7 year olds. Mini tennis red is played on a reduced size court and with sponge or low compression balls and small, light rackets. It is an ideal introduction to tennis.

Mini Tennis Orange

For 7-10 year olds. Mini tennis orange is played on a slightly larger court than for Mini red, but again using low compression balls and light rackets. The sessions are aimed both at new players and those developing their skills

Full Tennis 1

For players aged 10 and above who wish to develop their tennis skills. Standard equipment is used and play is on a full sized court.

Ages are for guidelines only and the coaching staff will move players into groups that suit their playing standard.

All equipment will be provided

Adult Beginner

For newcomers to tennis, or for those who wish to start playing again

Adult Improver

For those who have played previously, and wish to improve tactical and technical ability

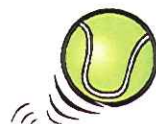
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Cost of Senior Courses

£3 per session - "Pay and Play"

Please Note

Assume that you have gained a place on the course of your choice unless you are contacted. No confirmation or receipt will be forwarded